Thank you for purchasing the Xtreme Smart Watch.

This watch is designed to pair with Android Devices. Functions include: Bluetooth phone function, Bluetooth message push(short message), Bluetooth Music Player, Step Counter, Calorie Counter, Camera Control, Sleep Monitor, Anti-theft, and more.

It is suggested to install the “SmileNotification” App on your smart phone in order for your smartphone to perform certain functions. It will automatically synchronize time and date with your device. The watch can receive notifications from your smart phone including sms messages and phone calls. To use the "SmileNotification” app you will need to turn Bluetooth on. Then in the options of "Bluetooth notification ", you should choose applications which you want to push.

"SmileNotification" application can be downloaded through this way: log on Google play first, then scan the QR code below, or download from this link:


1.) Wearing and Operation

Please wear this Bluetooth Smart watch in the correct direction. When wearing the watch, ON/OFF key should be on the right, and 3 touch keys should be at the bottom.

- Power key, hold for ON/OFF and press once to EXIT from menu to clock. When viewing the clock press the power key, once to turn on/ off;
- Left touch-screen key is the “Menu/Confirm” key.
- Middle touch key is the “Dial/Page Up” key. Enter dial interface from clock, or page up in menu operation, or volume up/down in music and telephone.
- Right touch key is the “Return/Hang up” key. Does not function when viewing clock and return in the menu operation.

Otherwise, sliding on the touch panel can do:
- Slide left or right: menu page up/down;
- Tap on the screen: Enter the menu;
- Slide downward: Exit the menu;

2.) Bluetooth Connect, Disconnect or Reconnect

Turn Bluetooth on on your Android device and choose Bluetooth App on Smart Watch. Search for your device. After connected, the watch will send a request to your device for reading your phonebook and call history (Involving personal privacy, some smart phones do not open this feature), please tap accept, otherwise the function of synchronizing the phone book and call history will not work.

When the distance between the watch and the smart phone is farther than 10M(no obstructions such as a wall, etc), it will disconnect automatically. If it comes near enough within 5 minutes it will be connected automatically. Otherwise, manual reconnection is necessary.

The Bluetooth Smart watch will ring when connect or disconnect.
3.) Functions

- **Bluetooth** search devices, connect/disconnect.
- **Dial** dial number in dial interface or choose number from call history.
  
  * Don’t cover the hole of MIC or Speaker when calling. (Left side of watch)
- **Short message** sync short messages from smartphone.
- **Phone book** sync phone numbers from smartphone.
- **Call history** sync call history from smartphone, including “missed calls”, “dialed calls”, “received calls”, “all calls”, each 30 items.
- **BT Notification** can read SMS Messages.
- **BT music** play music on smart phone through Bluetooth.
  
  The audio player should be run at first for some smartphones. Tap middle touch key or logos “+” or “-” of volume will enter the volume control interface, and this interface will auto-return after no operation, manual return is not needed.
- **Tools** calendar, alarm, calculator, stop watch.
- **Long-distance capture** control smartphone to take photos by Bluetooth. Smart phone should enter camera mode at first, and display is not off. Some smart phones are not support.

**Step Counter(Pedometer)**

Step Counter is designed specifically for those concerned about fitness. Movement of the watch will make the pedometer most accurate. It will not keep track of steps if your watch is stable, for example riding a bicycle.

The left box displays step number, the right box displays distance, and the rectangle “key” is “ON/OFF”. Below it is calories counter and time counter on top. There is “options” of step counter on the upper right corner, parameters and records can be set or checked by tapping in. The step counter runs in background as default.

The first several steps of the user will not show immediately to avoid false account. Display will start after steps are stable. But those first several steps will also be countered.

The step number displayed will auto-return to “0” each day. Stop and restart the counter, step number increase. Clear to “0” by “reset” Through the Options menu selection.

- **Altimeter** current altitude elevation.
- **Barometer** current pressure of the atmosphere and temperature.
- **Sleep monitor** record time of deep sleep and light sleep to know your quality of sleep.
- **Anti-theft** watch will alarm when it is taken away certain distance from smartphone.
- **Power save mode**
- **Setting** clock, tone mode, volume, language, display, check the battery level, and Bluetooth settings or restore the factory settings.

4.) The watch can be charged by a standard Micro USB plug (included) through computer or home/car charger.